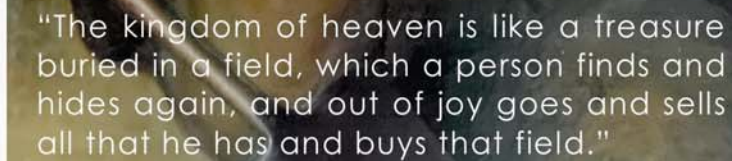


**17<sup>th</sup>**  
**Sunday**  
in Ordinary Time

Our Lady of Hope and Saint Paul Parishes

The painting depicts an elderly man with a grey beard and hair, wearing a white shirt and a dark sash, kneeling in a field. He is holding a shovel and looking up with a joyful expression. In the background, there are trees and a large, dark, rounded object, possibly a treasure chest or a large pot, resting on a rock. The scene is set in a rural landscape with a path leading into the distance.

"The kingdom of heaven is like a treasure buried in a field, which a person finds and hides again, and out of joy goes and sells all that he has and buys that field."

Matthew 13:44

Parable of the Hidden Treasure, Rembrandt

## OUR LADY OF HOPE / ST. PAUL DIRECTORY

### OUR LADY OF HOPE PARISH

1 Pineswamp Road  
Ipswich, MA 01938  
978-356-3944

**WEBSITE:** [www.ipswichcatholic.org](http://www.ipswichcatholic.org)  
**EMAIL:** [rectory@ipswichcatholics.org](mailto:rectory@ipswichcatholics.org)



Handicap Parking and ramp into the church is located on Road at front side of Church.

### SAINT PAUL PARISH

50 Union Street  
South Hamilton, MA 01982  
978-468-2337

**WEBSITE:** [www.churchofsaintpaul.net](http://www.churchofsaintpaul.net)  
**EMAIL:** [stpaulsparish@verizon.net](mailto:stpaulsparish@verizon.net)



Elevator for Handicapped Access to the Saint Paul church is located in the rear of the building.

### WEEKEND MASS SCHEDULE

#### SATURDAY:

4:00 pm: Our Lady of Hope (OLOH)

#### SUNDAY:

7:30 pm: Saint Paul (SP) ~No Music

9:30 am: Saint Paul (SP)

11:15 am: Our Lady of Hope (OLOH)

### WEEKDAY MASS SCHEDULE

9:00 am: Monday & Tuesday (OLOH)

9:00 am: Thursday & Friday (SP)

### SACRAMENTS

#### RECONCILIATION

SATURDAYS 3:00—3:45 PM at Our Lady of Hope or by appointment at either church.

#### BAPTISM

If you are planning a baptism in the future, please call the parish office to make arrangements.

#### MARRIAGE

If you are an engaged couple, please call Fr. Brogan *directly at least 6 months* prior to the intended date.

**PASTORAL VISITATION:** The Eucharist and the Anointing of the Sick can be brought to our parishioners confined to their homes.

#### RCIA & FAITH FORMATION

Questions regarding current, upcoming programs and/or sacramental programs available at our parish, please contact the parish office.

### PARISH STAFF

**PASTOR:** Fr. David A. Brogan

**PRIEST IN RESIDENCE:** Fr. John G. Kiley

#### MUSIC MINISTER:

John Maher 978-500-6789  
[johnmaheripswich@gmail.com](mailto:johnmaheripswich@gmail.com)

#### BUSINESS MANAGER, OUR LADY OF HOPE:

Joanne DiNatale 978-356-3944  
[rectory@ipswichcatholics.org](mailto:rectory@ipswichcatholics.org)

#### PARISH SECRETARY, SAINT PAUL:

Lucy Cronan 978-468-2337  
[stpaulsparish@verizon.net](mailto:stpaulsparish@verizon.net)

### RELIGIOUS EDUCATION

#### OUR LADY OF HOPE:

##### Grades Kindergarten through Grade 11

Elisa St. Clair 978-356-3944 EXT. 28  
[elisastclair@ipswichcatholics.org](mailto:elisastclair@ipswichcatholics.org)

#### SAINT PAUL:

##### Grades 1 through 5

Kristen Monahan  
[klmonahanstpauls@gmail.com](mailto:klmonahanstpauls@gmail.com)

##### Grades 6-8

Debra Brown  
[spymnotes@gmail.com](mailto:spymnotes@gmail.com)

##### Grades 9-10

John Cusolito  
[johncusolito@comcast.net](mailto:johncusolito@comcast.net)

## COLLABORATIVE MASS INTENTIONS

**Saturday, July 29**

4:00 pm Vigil—Weekend Mass (OLOH)

**Sunday, July 30**7:30am—Parishioners (SP) *NO MUSIC*

9:30am—Angelo Famiglietti (SP)

11:15am—Robert &amp; Geraldine Graffum (OLOH)

**Monday, July 31**

9:00 am—Weekday Mass (OLOH)

**Tuesday, August 1**

9:00 am—John &amp; June Miniter (OLOH)

**Wednesday, August 2****No Daily Mass****Thursday, August 3**

9:00 a.m.—Weekday Mass (SP)

**Friday, August 4**9:00 a.m.—June & Anthony Passaretti  
and John Driscoll (SP)**Saturday, August 5**

4:00 pm Vigil—Weekend Mass (OLOH)

**Sunday, August 6**7:30am—Weekend Mass (SP) *NO MUSIC*

9:30am—Parishioners (SP)

11:15am—Norm Sozio (OLOH)

***Please contact the parish office to schedule a Mass intention for your deceased loved one.***

## WEEKEND DONATIONS/COLLECTIONS

As we move forward with our collaborative, and our new schedule of 4 weekend Masses between Our Lady of Hope and St. Paul; you may decide to attend Mass at either Church. We understand you will have questions about how Offertory donations will be handled. If you make an offering in the collection basket at Mass with Parish (specific) contribution envelopes or put your donation in an envelope writing both Parish name and your name on the front, your donation will be transferred to that Church. Cash donations outside of an envelope will remain in the parish where you made your donation. If you have any questions, call the parish office.

**PRAYER FOR VOCATIONS**

God Our Father, we thank you for calling men and women to serve in your Son's Kingdom as priests, deacons, and consecrated persons. Send our Holy Spirit to help others to respond generously and courageously to your call. May our community of faith support vocations of sacrificial love in our youth and young adults. Through our Lord Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, one God, forever and ever. Amen.

## PRAYER REQUESTS

**WE ASK PARISHIONERS TO PRAY...**

† For all those who are sick, especially  
Cameron Gagnon, Cathryn Lally, Denise Polli, Gerrie O'Brien, Melissa Faino Palelli, Mikey Grover, Kyrsten Weber, Arline Thornell, Irene Stackpole, Connie Donovan, Connie, Christine & John Vallis, Maria Masse, Ed Manning, Patricia Foley, J. P. Quinn and all those infected with the Covid-19 virus

† For all our parishioners who are sick, homebound and those confined to nursing facilities and hospital

† For the all those graduating from High School and College and those who will be on summer break

† For those who work on front line with Covid-19 virus

† For those who work and live in war-torn countries, especially in the Ukraine

† For all the deceased members of our parish

† For the safety and good health of all missionaries

† For all who serve our country in the Armed Forces

† For peace in our world, especially Ukraine

† For the unborn children

† For all those affected by natural disasters

**PLEASE NOTE:**

*In order to keep our prayer list current, names will remain on the list for four weeks.*

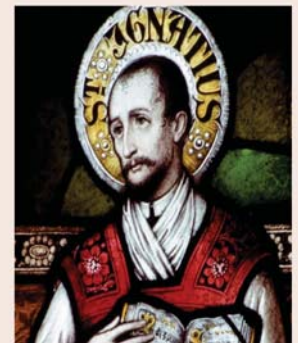


*Please resubmit by contacting the parish office. Names should be submitted by the individual or immediate family member.*

## Saint Ignatius of Loyola

1491 – 1556  
FEAST DAY: JULY 31

**B**orn in his family's ancestral Basque castle, Inigo Lopez de Loyola was a page in Castile and a soldier wounded in battle before he experienced a personal conversion that has had profound consequences for the church ever since. While convalescing, he read about Christ and the saints, made a long retreat at Manresa and journeyed to Jerusalem. He studied for 10 years in Barcelona and Paris, where he became Ignatius and was the center of a group of like-minded men. They founded the Society of Jesus, or Jesuits, to be active missionaries and meet the challenges of the Reformation. Ignatius, superior general of the new order, also wrote "Spiritual Exercises," which is still a popular guide. He is the patron saint of retreats and soldiers.



“ Our Jesuit coat of arms is a monogram bearing the acronym of 'Jesus Hominum Salvator'. . . But this coat of arms constantly reminds us of a reality we must never forget: the centrality of Christ, for each one of us and for the whole Society which St Ignatius wanted to call, precisely, 'of Jesus' to indicate its point of reference. . . Because there is always a temptation to think that we are at the center; and when a Jesuit puts himself and not Christ at the center he errs. ”

—Pope Francis, homily, July 31, 2013



Catholic Current  
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## PROTECTING GOD'S CHILDREN

All volunteers who minister in the Archdiocese must attend the Protecting God's Children and complete the Code of Conduct form. In addition, every year all current volunteers and new volunteers must complete a CORI Form; we have begun the 2023-24 Process. Those who need to follow this requirement are anyone who helps in building our church in any way. This includes list of volunteer includes: staff, teachers, assistants to religious education, lectors, eucharistic ministers, ushers, Finance and Pastoral Council members, etc.

Please consider sharing your gifts and talents in our new collaborative at Our Lady of Hope and St. Paul's by attending this training to be ready to serve.

**Please sign up by logging onto:**

Go to <https://www.virtusonline.org/>

- Click on "First-Time Registrant"
- Click on "Begin the registration Process"
- From the pull-down menu, choose "Boston, MA (Archdiocese)," ONLY
- When asked, "Have you previously registered with VIRTUS Online?" click "NO"
- Create a username and password when asked to do so and click "Continue"
- Fill in all the required fields for contact information on the next screen and click continue
- From the pull-down menu for "Location," choose "Our Lady of Hope Ipswich" or wherever else they are coming from
- When the roles appear, choose a primary role and an additional role
- Add a Title (what you do for parish/school) in the box at bottom and click "Continue"
- On the next page, you may choose YES or NO depending on whether you want to associate your name with an additional school or parish
- Answer the four Yes/No questions on the next page and click "Continue"
- When asked "Have you already attended a VIRTUS Protecting God's Children Session?" answer NO.
- On the next page, choose date and church to attend – Protecting God's Children for Adults"

Confirm and you are done!

If you register for a training, please let us know once completed and forward a copy of your completion certificate to the rectory office. Thank you



**Hearing Assist Boxes are available at Our Lady of Hope. Let the Priest know if you would like one before Mass when attending Mass at OLOH. If you have any questions, please call the parish at 978-356-3944.**



**WELCOME**  
**Pasquale Raymond Carleo**  
**who was baptized into the**  
**Family of God.**

## 2023-2024 CORI PROCESS

The CORI process has begun for 2024. For those who have been volunteering at Our Lady of Hope and Saint Paul the new CORI forms are available on the rectory porch, exit tables in church and in the sacristy for you to take home and complete. Once completed, we need to verify your ID (driver's license or passport) in person. Not to overload Fr. Brogan at Mass, please stop by parish office and see Joanne DiNatale or Lucy Cronan to verify your picture ID.

Volunteers include anyone who help in service of their time and talent at Our Lady of Hope and Saint Paul. Volunteers are required to complete a CORI form EACH fiscal year. In addition, you must have completed the Protecting God's Children (PGC) Program and Archdiocesan Code of Conduct. If you are interested in volunteering, and have not volunteered during this past year; please call the rectory to receive a blue form and read the notice to register for the PGC training this summer.

Thank you in advance for your help in this requirement and for all you do in helping us to be a vibrant parish.

## IMPORTANT REMINDER

Please accompany your child downstairs to the church hall or to restrooms. For their safety, please be sure they are always accompanied by an adult family member.



Child safety is everyone's responsibility. Thank you for your cooperation.

## PARISH MINISTRY CONTACTS

### CATHOLIC WOMEN'S CLUB

Bonni Berkowitz, President | 617-549-2744  
berky000@gmail.com

### MUSIC MINISTRIES

John Maher | 978-500-6789  
johnmaheripswich@gmail.com

### SAINT VINCENT DE PAUL

James McCarthy, President | 978-992-6151

### KNIGHTS OF COLUMBUS

James Foley | 978-360-2799

*For more information, contact the parish office.*

*Consider sharing your gifts and talents.*

## PARISH PASTORAL COUNCIL (OLOH)

Below you will find a list of Parish Council members' email addresses.

We want to make ourselves available. We are still learning ourselves, but feel free to speak with us after Mass or email us if you have any questions. We are here for all of you to help in any way we can.

Bonni Berkowitz [Berky000@gmail.com](mailto:Berky000@gmail.com)

Joanne Bialek [BialekJo@gmail.com](mailto:BialekJo@gmail.com)

JoAnne Kelleher [j.kelleher829@gmail.com](mailto:j.kelleher829@gmail.com)

Linda Murphy [lmem@comcast.net](mailto:lmem@comcast.net)

James Foley [jamesfoley2233@gmail.com](mailto:jamesfoley2233@gmail.com)

Richard & Diane Bostrom [dbbluejeans@aol.com](mailto:dbbluejeans@aol.com)

## MEN'S GROUP AT OUR LADY OF HOPE

The Men's Group invites you to come join them on Saturday mornings from 7:15-8:30 am in the church hall at Our Lady of Hope for light refreshments and Christian fellowship in an easy-going, informal atmosphere.

## KNITTING MINISTRY



St. Paul's knitting ministry knits baptismal blankets for St. Paul's and baby blankets and hats for Project Linus which are donated to local hospitals. If you knit, crochet or quilt and would like to join us, we meet generally on the first Saturday of the month from 2PM to 4PM in the Church hall.

## ONLINE GIVING

We offer this convenience to our parishioners and visitors. Online giving is an easy and secure way to make contributions to support our parish. You may contribute using direct withdrawals (ACH) or credit cards. Visa, MasterCard and American Express are all accepted.

### SAINT PAUL

If you prefer the convenience of giving your donation online, please call the parish office or enroll online at:  
<https://churchofsaintpaul.churchgiving.com/>

Parish envelopes for your weekly donation allows us to keep a record for your tax purposes. If you would like to receive weekly envelopes, please call the parish office.

### OUR LADY OF HOPE

To contribute using online giving, simply visit our website: [ipswichcatholics.org](http://ipswichcatholics.org) and follow the instructions. For assistance, call the parish office..

### NEW TO OUR PARISH?

If you are new to Our Lady of Hope or Saint Paul, please introduce yourself to Fr. Brogan following Mass. To formally register with our parish, contact the parish office or go online to register through the website.

### Remember God's will in yours...

When you leave a bequest to the Church in your will or estate plan, you express your commitment to the future of your parish. You also return some of the blessings God gave to your life and leave an eternal message of what is important to you. Please consider including Our Lady of Hope Parish and St. Paul Parish when preparing your will.



For more information contact Fr. Brogan or call the parish office or email.

## STAY UP TO DATE THROUGH EMAIL

**When important information is sent to registered parishioners, it is conveyed through email. Please let us know when your email has changed. Thank you.**

## HOMEBOUND

If you or someone you know is homebound and wishes to receive Holy Communion, please call the parish office to make arrangements.

## SAINT PAUL PARISH RELIGIOUS EDUCATION INFORMATION

## Register NOW for the 2023-2024 Religious Education Classes

Registration forms are now  
available for download online  
at our website:

**[www.churchofsaintpaul.net](http://www.churchofsaintpaul.net)**

Please register your children  
by filling out a form and  
returning it with payment to the  
parish office.

*Calling all parents whose child will be  
entering Grade 1 Religious  
Education in September.*



### **GRADE 1 REGISTRATION**

#### **For Religious Education Classes**

If you have a child who will be entering Grade 1 in September, please let us know by calling or emailing the parish office. In addition, if you have friends in your community or your neighborhood with soon-to-be First Graders, please have them contact the parish office at 978 468-2337 or send an email to [stpaulsparish@verizon.net](mailto:stpaulsparish@verizon.net).

*Our Grade 2 First Penance/First Communion Program is a two-year program. We need your baptism certificate to complete the registration process.*



### **We are in need of Catechists to teach our children.**

Part of what makes the St. Paul Religious Education Program so wonderful is the families that give of their time and talents to help draw our children closer to God and Jesus. Catechists work as a team with their classes and the Religious Education Department provides lesson plans, enrichment activities and support. We would love for you to consider helping us this year. A very special thank you to those families who have already said "yes" to this call. We would not be able to do this without you.

We look forward to working with all of you and your families this coming year.

Please call the parish office to leave your name and contact information and your call will be returned as soon as possible.

## **ST. PAUL'S ELECTRONIC GIVING QR CODES**

Use your phone's camera to conveniently make your donation/payment  
via Givebutter, which accepts Venmo, Credit Cards, ApplePay:



Offertory & Second  
Collections



Sevenfold  
Donations



Grand Annual



Religious  
Education Fees

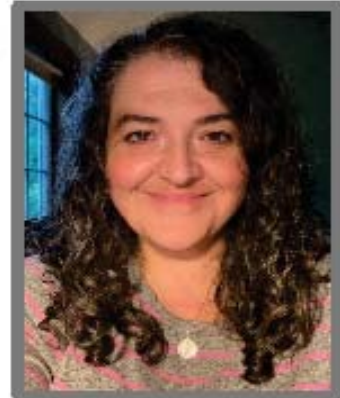


## OUR LADY OF HOPE PARISH RELIGIOUS EDUCATION INFORMATION

## Our Lady of Hope Faith Formation 2023-24!

Hello again friends!

When it comes to our youth, the best thing that we can do as a parish is to support families as the primary religious educators of their children: we celebrate the Mass and sacraments, we accompany kids and their parents and encourage them to grow in love with God and the church, offer opportunities to learn about their faith, and try to foster encounters with Jesus through our programs and community life. I am blessed to know so many of you, but if we haven't yet met, I'm Elisa St. Clair, and I'll be directing our Religious Education and Faith Formation programs this year. But I'm only the lead learner — catechists are needed at every level to support one another and guide our kids through a year of learning and growing in faith.



In our Elementary program, it's currently a classroom style, where one or two teachers will have a small group of students. For Middle and High School, you'd be part of a team, helping to lead discussion and prayer in a small group, with the teaching done each week to the larger group. Catechists are needed at all levels, and the most important things you can bring are your love for God, and your love for our kids. What we most need are disciples — our youth need to see people who are living their faith, and who can share that faith with them.

In this pursuit—more workers are ALWAYS needed in the vineyard of the Lord! So, please prayerfully consider if God is calling you to help minister to our youth, and reach me at [elisastclair@ipswichcatholics.org](mailto:elisastclair@ipswichcatholics.org), or at the parish office, 978-356-3944, extension 28.

Our registration is open, and if you, or a family you know, have been away from faith formation after the challenges of the past few years— it's not too late! It's never too late for God, and our kids need the community of other people of faith in our very challenging world. We need the church, and to be church with one another, gathered together with Christ, strengthened by the sacraments and the word of God, and supporting each other as we seek to raise children to know and love Jesus, and to know their purpose, their faith, and their identity as children of God.

**All of our groups meet in the church hall. You can register online now, and more details and all of the calendars and class information will be posted soon (hopefully, by the time you are reading this :), at [www.ipswichcatholics.org](http://www.ipswichcatholics.org).**

I'm looking forward to seeing your beautiful faces this year as we seek more deeply what it means to be disciples of Christ together!

- Elementary Faith Formation meets Sunday mornings at 10:10am
- Middle School EDGE meets from 6:45-8pm Wednesdays
- High School (9<sup>th</sup> & 10<sup>th</sup>) meets Sunday evenings from 6-7:30pm
- Confirmation for our 11<sup>th</sup> graders (who have completed 2 years of Confirmation Prep already) is Saturday, October 21<sup>st</sup> – and those families will receive their own calendar shortly!

**IPSWICH KNIGHTS OF COLUMBUS**

The Knights of Columbus is the world's largest Catholic fraternal service organization. It was founded by the Venerable Father Michael J. McGivney in New Haven, Connecticut, in 1882, and named in honor of the navigator Christopher Columbus. Originally serving as a mutual benefit society to low-income immigrant Catholics, it developed into a fraternal service organization dedicated to providing charitable services, promoting Catholic education, and actively defending Catholicism in various nations.

The Knights of Columbus is not just a fraternity in name. It is a brotherhood of Catholic men who each play a part in improving the world around them, one community at a time. They are dedicated to upholding the principles they cherish - Charity, Unity, and Fraternity. The Knights stand together in faith and lend their support to the parish, home, and fellow Knights. From charity for worldwide causes, to helping closer to home with volunteer activities, to a top-rated insurance program that protects those closest to you, the Knights make the most of its brotherhood.

All men in the parish are welcome and should consider joining the Knights of Columbus. We'd love to have you! For more information on joining the Knights, please contact Jim Foley Grand Knight of Ipswich Council 498 at: [Jamesfoley2233@gmail.com](mailto:Jamesfoley2233@gmail.com).

**Knights of Columbus****The Open Door Food Drive**

The Knights of Columbus will be sponsoring a food drive for The Open Door Food Pantry in Ipswich. Please leave your donations near the front entrance of Our Lady of Hope Parish in the food donation box. The Knights will be transporting the food once a week and they thank you for your donation.

**Most needed items at The Open Door (no glass!):**

- Peanut Butter • Canned Tuna, Chicken & Turkey • Healthy Snack Items • 100% Juice/Juice Boxes • Breakfast Cereal • Hearty Soups • Canned Vegetables & Fruits • Spaghetti Sauce • Macaroni & Cheese • Rice, Noodles, & Pasta • Cake, Muffin & Pancake Mix

**VOCATIONS**

Interested in learning how you can lend your talents to encouraging those men called to be holy priests? Want to explore vocational discernment, life, and the life of seminarians? Come see the new vocations website at [www.vocationsboston.org](http://www.vocationsboston.org) feel free to contact the Vocation Office by phone at 617-746-5949.

**ST. VINCENT DE PAUL**

The Our Lady of Hope Parish Saint Vincent de Paul chapter continues to serve those in need in our community. Your generous contributions to the poor boxes at the exits of our church allow us to provide financial and spiritual assistance to our sisters and brothers in need. We also greatly benefit from the invaluable participation of parishioners active in this ministry. During the past month, we have continued to assist seniors struggling financially due to ill health, those experiencing short-term job loss, or other temporary setbacks. We see Christ in the face of those in need and respond to that need as Vincentians and parish members.

Vincentians are called to holiness by striving to conform to Jesus, doing God's will, and devoting themselves to serving God's suffering and poor. Please consider joining us in our work and mission. We meet once a month in the parish hall, the first Monday evening of each month, where we pray and review the past month's efforts. Two Vincentians volunteer to be "on-call" each month. One can put as much or little into their participation as their schedules permit. Let these words from the Letter of St James possibly stir you to participate in our Vincentian mission: "Faith by itself, if it is not accompanied by action, is dead."

Contact us for more information about becoming a member or if you know anyone who may benefit from our assistance, 978-992-6151

**CATHOLIC IN RECOVERY MOVES TO LAZARUS CENTER FOR HEALING SHRINE IN WAKEFIELD.**
**SUNDAYS at 6:15pm.**

Catholic in Recovery provides healing from addictions, compulsions, and unhealthy attachments. Meetings combine the spiritual principles of 12-step recovery with a sacramental understanding of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected. For more information visit [www.catholicinrecovery.com](http://www.catholicinrecovery.com) or email [cireileenk@gmail.com](mailto:cireileenk@gmail.com).

Meetings are held on SUNDAYS at 6:15pm at the Lazarus Center for Healing Shrine (formerly St. Florence Parish) located at 47 Butler Avenue, Wakefield.

**WORLDWIDE MARRIAGE ENCOUNTER**

Let us share our faith and our love with our spouse. Let us show reconciliation by loving and forgiving our spouse's faults. To learn more and grow in your relationship, sign up for a Worldwide Marriage Encounter Experience. The dates are:

August 11-13, 2023 in Storrs, CT  
August 25-27, 2023 in Vermont  
September 22-24, 2023 in Huntington, NY  
October 20-22, 2023 in Vermont

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration is limited; there is a \$100 application fee.

For more information or to apply, call Joe & Ginny Vatile at 978-870-5646 or <https://www.mema.org/>





### He says: We need to use more effective discipline

Our daughter is 5 and she's developing quite a temper. There are toys thrown and doors slammed in anger. I think we need to crack down on this behavior early, and punish her when she misbehaves. I believe we need to take away toys and TV. Sara wants to stick with timeouts, but I think they are ineffective. We're fighting about this all the time.

### She says: Timeouts are fine

Eric and I definitely don't see eye-to-eye on discipline for our daughter. I know she misbehaves, but I think that's best handled with timeouts and conversation. Eric always wants to be much harsher and for much longer periods of time. I'm afraid our daughter is going to start seeing him as the "bad cop." And I'm tired of fighting about this.

### What do they do?

Sara and Eric both have good approaches to discipline, but their failure to agree is probably confusing their daughter. Inconsistent discipline almost never works. The goal is to come up with an approach that effectively combines both styles of discipline.

Timeouts are a classic disciplinary technique, but they have to be done right. Timeouts for a set amount of time, like one minute for

each year of the child's age, can seem arbitrary. It's much better to tell a child who is having a temper tantrum that he or she needs to stay in timeout until he or she is able to calm down. Then, letting a child out of timeout is a reward for the ability to regain self-control.

Timeouts are often combined with "time in," like the conversations that Sara is having with their daughter. If children are misbehaving because they're not getting enough love and attention, sometimes calm and meaningful interaction will help. It's also good for parents to explain why they're imposing discipline. But since their daughter is only 5, explanations won't help that much.

If their daughter is throwing toys and slamming doors, the misbehavior has reached a point where it could hurt someone and stronger measures need to be taken. Taking away privileges, as Eric wants, is a stricter form of discipline. But it will only work if it relates to their daughter's specific misbehavior.

For example, in addition to timeouts and time in, when their daughter throws a toy, Sara and Eric can take the toy away for at least a day. As for door slamming, they can put a towel on the top of the door to stop it from closing or remove the door altogether.

Finding out why their daughter is misbehaving also matters a lot. Is she having a difficult time adjusting to school? Has something changed in the home environment? Do her temper tantrums result in her getting what she wants, even if she also gets disciplined? Disciplining children is difficult, but take heart! "Train children in



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when tackling your roof!



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for power  
outages  
today

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STANDBY GENERATOR

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